



**STCW TRAINING COURSES** 



# **STCW MEDICAL FIRST AID**

## DO YOU KNOW WHAT TO DO IN CASE OF A MEDICAL EMERGENCY ON BOARD?

Suppose you are sailing in the middle of the ocean and unexpectedly a medical emergency arises with one of your colleagues. Do you know what to do? As a captain or ship's officer of a Dutch ship with a limited sailing area, you are required to be in possession of a valid STCW Medical First Aid certificate.

During this **two-day training** you will learn everything about wound care and infectious diseases so that you can provide your colleagues with adequate first aid. This way you learn how to resuscitate and attention is paid to evacuation by helicopter if the colleague is in such bad shape.

In short, if you have completed this training you can provide first aid on board during medical emergencies.

## **PRE-EDUCATION:**

To participate in this training, you must have a valid STCW Basic Safety Training certificate (<5 years old) or a certificate from a previous course(s) in Shipping Health Care or comparable certificate.

## **CERTIFICATE:**

After successful completion of this training you will receive an official (ILenT/Shipping approved) STCW certificate. This certificate is valid for **5 years** and complies with the STCW'78 guidelines including 2010 Manila amendments. STCW Regulation Section A-VI/4, Table A-VI/4-1, Chapter VI.

## **COURSE DURATION**

#### 2 days

## **LANGUAGE**

Standard in Dutch and English on request

## **STARTING TIMES**

08.00 - 16.30

## WANT TO BOOK?



# **STCW MEDICAL CARE**

## DO YOU KNOW WHAT TO DO IN CASE OF A MEDICAL EMERGENCY ON BOARD?

During the Medical Care training, the skills of the Medical First Aid training are further supplemented with additional medical skills. Think of suturing wounds, installing an IV, resuscitation and also (medical) evacuation.

This extensive training will help you during medical emergencies, for example if you are further away from land and/or if a victim cannot be evacuated within a short time.

Are you sailing within the Dutch territorial sea or a territorial sea adjacent to this zone? Then you are obliged to have (at least) the STCW Medical First Aid certificate. When you go outside these zones, you must also be in possession of a valid STCW Medical Care certificate.

## **PRE-EDUCATION:**

To participate in the STCW Medical Care training, you must have a valid STCW Basic Safety Training certificate (<5 years old) and a valid STCW Medical First Aid certificate (<5 years old).

### **CERTIFICATE:**

After successfully completing this training you will receive an official (ILenT/Shipping approved) STCW Medical Care certificate. This certificate has a validity of **5 years** and complies with the STCW'78 guidelines including 2010 Manila amendments. STCW Regulation Section A-VI/4, Table A-VI/4-2, Chapter VI.

## **COURSE DURATION**

## 3 days

#### LANGUAGE

Standard in Dutch and English on request

## **STARTING TIMES**

08.00 - 16.30

## **WANT TO BOOK?**



## **STCW MEDICAL FIRST AID & MEDICAL CARE**

## DO YOU KNOW WHAT TO DO IN CASE OF A MEDICAL EMERGENCY ON BOARD?

Unfortunately, if you work on a ship, you cannot simply call in the emergency services. But what if something unexpected happens to you or your colleague? You must then be able to act quickly and apply medical first aid.

In the STCW First Aid training you will learn how to apply first aid. You gain knowledge about the human body and learn how to perform (basic) medical procedures such as resuscitation.

In the STCW Medical Care training you will also learn to perform more advanced medical procedures such as suturing wounds and how to administer pain relief and medication to a patient via, for example, an IV.

In this combination training, all parts are covered in accordance with the STCW table A-V1/4-1 (MFA) and table A-V1/4-2 (MC).

## **PRE-EDUCATION:**

To participate in this training you must have a valid STCW Basic Safety Training certificate (<5 years old).

#### **CERTIFICATE:**

After successfully completing this training you will receive an official (ILenT/Shipping approved) STCW Medical First Aid & Medical Care certificate. These certificates have a validity of **5 years** and comply with the STCW '78 guidelines including 2010 Manila amendments. STCW Regulation Section A-VI/4, Table A-VI/4-1 and 4-2, Chapter VI.

## **COURSE DURATION**

#### 5 days

#### LANGUAGE

Standard in Dutch and English on request

#### **STARTING TIMES**

08.00 - 16.30

#### WANT TO BOOK?



## **HYBRID - STCW MEDICAL FIRST AID**

## **OBTAIN A HYBRID STCW MEDICAL FIRST AID CERTIFICATE IN 1 DAY?**

As a captain or ship's officer of a Dutch ship with a limited sailing area, you are required to be in possession of a valid STCW Medical First Aid certificate.

During our **one-day** hybrid STCW Medical First Aid training you will learn how best to act in case of a medical emergency and how to provide essential first aid. You will learn how to resuscitate and how to evacuate by helicopter.

#### WHAT IS HYBRID TRAINING?

With the hybrid STCW training(s) you follow the theory online in your own time and pace, anywhere in the world on your PC, laptop, tablet or smartphone. Then you can follow the practice in **just 1 day** at our training center. **You save 1 day!** 

## **PRE-EDUCATION:**

To participate in this training, you must have a valid STCW Basic Safety Training certificate (<5 years old) or a certificate from a previous course(s) in Shipping Health Care or comparable certificate.

#### **CERTIFICATE:**

After successful completion of this training you will receive an official STCW certificate. This certificate is valid for 5 years and complies with the STCW'78 guidelines including 2010 Manila amendments.

STCW Regulation Section A-VI/4, Table A-VI/4-1, Chapter VI.

#### **COURSE DURATION**

1 day of practice + about 4 hours online

## **LANGUAGE**

Standard in Dutch and English on request

#### **STARTING TIMES**

08.00 - 16.30

#### WANT TO BOOK?



# **HYBRID - STCW MEDICAL CARE**

## **OBTAIN A HYBRID STCW MEDICAL FIRST AID CERTIFICATE IN 1 DAY?**

The international STCW convention sets legal requirements for the medical care provided on board ships. The person responsible for medical care on board is required to be in possession of a valid STCW Medical Care certificate.

During our **two-day** hybrid STCW Medical Care training you will learn how best to act in case of a medical emergency and how to provide essential first aid. This is supplemented with additional medical procedures. Think of suturing wounds, starting an IV, how to resuscitate, etc.

#### WHAT IS HYBRID TRAINING?

With the hybrid STCW training(s) you follow the theory online in your own time and pace, anywhere in the world from your PC, laptop, tablet or smartphone. Then you follow the practice in just **2 days** at our training center. **You save 1 day!** 

## **PRE-EDUCATION:**

To participate in the STCW Medical Care training you must have a valid STCW Basic Safety Training certificate (<5 years old) and a valid STCW Medical First Aid certificate (<5 years old).

## **CERTIFICATE:**

After successfully completing this training you will receive an official (ILenT/Shipping approved) STCW Medical Care certificate. This certificate has a validity of 5 years and complies with the STCW '78 guidelines including 2010 Manila amendments.

Are you following the hybrid training with us? The certificate is exactly the same certificate you would receive from us if you follow the full classroom training with us. You are therefore certified according to the STCW regulations. STCW Regulation Section A-VI/4, Table A-VI/4-2, Chapter VI.

#### **COURSE DURATION**

## 2 day of practice + about 4 hours online

#### **LANGUAGE**

Standard in Dutch and English on request

#### STARTING TIMES

08.00 - 16.30

#### BOOK?



## **HYBRID - STCW FIRST AID & MEDICAL CARE**

## **OBTAIN A HYBRID STCW MEDICAL FIRST AID CERTIFICATE IN 1 DAY?**

It is of vital importance that persons on board ships can provide medical first aid to fellow persons on board. The international STCW convention sets legal requirements for this. For example, every ship's officer is obliged to be in possession of a valid certificate.

The ship's health care is central to this combination training. This way you learn to act quickly and efficiently in the event of accidents and illness on board when no external medical support is available. Both basic medical first aid and more advanced medical procedures are covered.

All parts are covered as prescribed in STCW tables A-V1/4-1 (MFA) and 4-2 (MC).

## WHAT IS HYBRID TRAINING?

With the hybrid STCW training(s) you follow the theory online in your own time and pace, anywhere in the world from your PC, laptop, tablet or smartphone. Then you follow the practice in just **3 days** at our training center. **You save 2 days!** 

## **PRE-EDUCATION:**

To participate in this training you must have a valid STCW Basic Safety Training certificate (<5 years old).

## **CERTIFICATE:**

After successfully completing this training you will receive an official (ILenT/Shipping approved) STCW Medical First Aid & Medical Care certificate. These certificates have a validity of 5 years and comply with the STCW '78 guidelines including 2010 Manila amendments. STCW Regulation Section A-VI/4, Table A-VI/4-1 and 4-2, Chapter VI.

## **COURSE DURATION**

## 3 day of practice + about 6 hours online

## **LANGUAGE**

Standard in Dutch and English on request

#### **STARTING TIMES**

08.00 - 16.30

### **BOOK?**



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