

Appendix C: First Aid Box Contents

The typical first aid box contents for remote locations are listed below. Please note that hazards and risks in different locations differ significantly. Exact requirements should be based on the site's health risk assessment (HRA).

As with other workplaces, the First Aid box should be clearly marked, accessible and maintained. It should only be used by designated first aiders.

First Aid Item
1. Automated external defibrillator (AED)
2. Barrier devices and protection
a. Barrier device for cardiopulmonary resuscitation (CPR): Pocket mask, or face shield.
b. Rubber gloves (disposable/ non sterile)
c. Protective goggles
d. Plastic apron
e. Waterproof biohazard waste bag
3. Vital signs equipment
a. Automatic blood pressure measurement device
b. Digital thermometer
4. Bandages:
a. Triangular bandages
b. Elastic bandages
c. Roller bandages
5. Dressings
a. Non-sterile gauze pads
b. Sterile gauze pads (various sizes)
c. Burn sheet/dressing
d. Sterile multi-trauma dressing
e. Sterile eye pads
f. Antiseptic wash (e.g. Savlon 100 mls)
g. Elastoplast (sterile adhesive dressing)
6. Foil blanket (adult size)
7. Wooden splints (or SAM splints)
8. Cold pack compress
9. Miscellaneous: adhesive tape, cotton buds, safety pins, pen, paper, scissors
10. Guides: Basic life support (BLS) algorithm card, first aid pocketbook
11. Inventory of box contents

Table C-1. Typical first aid box contents in remote energy and marine operations.

Appendix D: Remote Site Clinic Equipment List

The typical site clinic equipment for remote locations is listed below. Please note that hazards and risks and in different locations differ significantly. Exact requirements should be based on the site's health risk assessment (HRA).

As with other workplaces, medical devices should only be used by qualified site medical professionals.

Equipment	Remote Site Clinic	Extreme Remote Site Clinic
Ventilation, Airway and Respiratory Equipment		
1. Oxygen delivery (portable and fixed)		
a. Oxygen cylinders (or oxygen concentrator)	✓	✓
b. Variable flow regulator		
c. Manually triggered ventilator		
d. Delivery system (tubings, nasal cannulas, non-rebreather mask)		
2. Masks		
a. Bag valve mask	✓	✓
b. Pocket mask with one-way valve		

3. Airways		
a. Oropharyngeal airways	✓	✓
b. Nasopharyngeal airway		
c. Laryngeal mask airway		
d. Supraglottic airway (e.g. King LTD)		
e. Blind insertion airway device (e.g. Combitube double lumen airway)		
4. Suction apparatus (portable and fixed)	✓	✓
5. Laryngoscope (or a video assisted laryngoscope device)		
a. Handle	✓	✓
b. Macintosh blades		
c. Miller blades		
d. Extra batteries and bulbs		
6. Endotracheal tubes (including stylettes)	✓	✓
7. Bougie	✓	✓
8. Nasogastric tubes	✓	✓
9. Magill forceps	✓	✓
10. Percutaneous tracheostomy kit	✓	✓
11. Decompression needle – 14 gauge	✓	✓
12. End Tidal CO ₂ detector (PETCO ₂ detector)	✓	✓
13. Asherman chest seal		✓
14. Portable patient ventilator		✓
15. Nebulizer	✓	✓
16. Chest drain	✓	✓
17. Haemostatic Gauze	✓	✓
18. Chest tube tray		✓
19. Thoracocentesis tray		✓
20. Pericardiocentesis tray		✓
Monitoring, Cardiac and Defibrillation		
1. Defibrillator	✓	✓
2. Vital Signs Monitor (BP, Pulse, Respiration, Temperature, SpO ₂)	✓	✓
3. 12-Lead ECG	✓	✓
4. Telemetry		✓
Orthopaedic, Trauma and Burns		
1. Immobilisation devices		
a. Cervical collars		
b. Head immobilisation device	✓	✓
c. Upper and lower extremity immobilisation devices (e.g. SAM Splint)		
d. Lower extremity (femur) traction devices (e.g. Hare traction splint)		
e. Finger splint (various sizes)		
2. Patient transfer devices		
a. Spine Board (with disposable straps)	✓	✓
b. Kendrick Extrication Device (KED)		
c. SKED stretcher		
d. Folding stretcher		
e. Wheeled cot		
3. Crutches (adjustable, two sizes)	✓	✓
a. Bandages	✓	✓
b. Elastic (ACE) bandages (various sizes)		
c. Slings		
d. Triangular bandages with safety pins	✓	✓
e. Shoulder sling		
4. Scissors and cutters		
a. Trauma shears, or paramedic scissors	✓	✓
b. Ring cutter		
c. Disposable razors		
d. Nail clippers		
5. Burn pack	✓	✓
6. Sterile burn blanket	✓	✓
7. Cold packs	✓	✓

8. Haemostatic solid dressing	✓	✓
9. Emergency tourniquet (e.g. CAT)	✓	✓
10. Surgical cautery pen		✓
Gynaecological		
1. Vaginal speculums	✓	✓
2. Stirrups	✓	✓
3. Pelvic light	✓	✓
Wound Care		
1. Wound disinfectants (e.g. Betadine, hydrogen peroxide)	✓	✓
2. Wound irrigation kit (includes 60 cc Luer-Lock syringe, splash guard, sterile water or saline, waterproof pad)	✓	✓
3. Wound closure materials <ul style="list-style-type: none"> a. Steri-strips b. Dermabond c. Benzoin 	✓	✓
4. Suturing kit <ul style="list-style-type: none"> a. Tray b. Artery forceps, c. Needle holder) 	✓	✓
5. Sutures (Nylon, various sizes)	✓	✓
6. Suture removal kit	✓	✓
7. Dressings <ul style="list-style-type: none"> a. Non-adherent dressings (various sizes) b. Band Aids (various) c. Tape (various) d. Self-adherent wrap (e.g. Coban 3M, various sizes) e. Occlusive dressings (various sizes) f. Gauze rolls (sterile, various sizes) g. Adhesive tape (various sizes, hypoallergenic) 	✓	✓
8. Alcohol swabs	✓	✓
9. Incision and drainage kit	✓	✓
10. Assorted scalpels, blades, razors, etc.	✓	✓
Examination and Diagnostics		
1. Otoscope (with extra batteries, and speculums)	✓	✓
2. Ophthalmoscope (with extra batteries)		✓
3. Glucometer (with lancets and strips)	✓	✓
4. Snellen eye chart		✓
5. Stethoscope	✓	✓
6. Sphygmomanometer (adult regular and large)	✓	✓
7. Reflex hammer	✓	✓
8. Urine dip sticks	✓	✓
9. Tongue depressor (tongue blade)	✓	✓
10. Binocular magnifier (e.g. Optivisor LX)	✓	✓
11. Magnifying glass	✓	✓
12. Thermometer (with low temperature capability)	✓	✓
13. Peak flow meter	✓	✓
14. Exam light	✓	✓
Laboratory		
1. Point of Care Testing System (e.g. iStat) <ul style="list-style-type: none"> a. Cardiac Markers (e.g. cTnI, CK-MB, BNP) b. Blood gases (e.g. pH, pCO₂, HCO₃, BE) c. Haematology (e.g. Hct, Hgb) d. Chemistry/Electrolytes (e.g. Urea, Creatinine, Glucose) e. Coagulation (PT, INR) 		✓
2. Urinalysis		✓
3. Faecal occult blood kit (Haemoccult)		✓
4. Specimen cups	✓	✓

5. Blood sample tubes	✓	✓
6. Rapid pregnancy test	✓	✓
	✓	✓
Radiology		
1. Digital Ultrasound		✓
2. Digital Plain X-Ray		✓
ENT		
1. Nasal tamponade device (e.g. Rapid Rhino)	✓	✓
2. 4% Lidocaine	✓	✓
3. Atomizer	✓	✓
4. Ear curette	✓	✓
5. Cotton tip applicator	✓	✓
Eye		
1. Eye magnet with loop	✓	✓
2. Eye patches (hard and soft)	✓	✓
3. Fluorescein strips	✓	✓
Personal Protective Equipment, Disinfection and Disposal		
1. Non-sterile latex gloves (various sizes)	✓	✓
2. Sterile gloves (various sizes)	✓	✓
3. Fluid Shield Mask	✓	✓
4. N-95 Mask	✓	✓
5. Goggles	✓	✓
6. Disposable Gown (large)	✓	✓
7. Sharps container	✓	✓
8. Bio-Hazard Tape	✓	✓
9. Bio-Hazard Trash Bags	✓	✓
10. Shoe covers	✓	✓
11. Body bag	✓	✓
12. Disinfectant hand wash, commercial anti-microbial (towelette, spray, liquid)	✓	✓
13. Disinfectant solution for cleaning equipment	✓	✓
Intravenous Therapy		
1. Intraosseous infusion system (e.g. EZ-IO)		✓
2. IV catheter	✓	✓
3. IV fluids		
4. Crystalloids (e.g. Normal saline, Lactated Ringers, Hartmann's, Dextrose)	✓	✓
5. Colloids (e.g. haemaccel, gelafundin)		
6. IV tubing	✓	✓
7. Tourniquet	✓	✓
8. Syringes (Luer Lock, various sizes)	✓	✓
9. Needles (various sizes)	✓	✓
10. Insulin syringes	✓	✓
11. Alcohol wipes	✓	✓
12. Pressure bag	✓	✓
13. IV pole (or roof hook)	✓	✓
14. IV arm board	✓	✓
Dental		
1. Dental mirror, dental explorer, periodontal probe, retractors	✓	✓
2. Excavator, plugger, scaler	✓	✓
3. Dental forceps, elevators	✓	✓
4. Topical anaesthesia	✓	✓
5. Temporary filling material	✓	✓
6. Cyanoacrylate glue	✓	✓
Communication		
1. Two-way radio communication	✓	✓

2. Satellite/cellular phone		✓
Medical and Miscellaneous Supplies		
1. Flashlights (2) with extra batteries and bulbs	✓	✓
2. Blankets	✓	✓
3. Sheets, linen/paper, pillows	✓	✓
4. Towels	✓	✓
5. Disposable emesis bags or basins	✓	✓
6. Disposable bedpan	✓	✓
7. Disposable urinal	✓	✓
8. Urinary indwelling catheter	✓	✓
9. Hospital bed/stretchers	✓	✓
10. Casualty care charts/forms/recording books	✓	✓
11. Magnifying glass	✓	✓
12. Autoclave or sterilizer	✓	✓
13. Refrigerator	✓	✓
14. Trauma Bag	✓	✓

Table D-1. List of clinic equipment for remote and extreme remote site clinics.

Appendix E: Equipment for Specific Hazard or Specific Extreme Environment¹⁰

The typical equipment for locations with specific hazards or specific extreme environment is listed below. Please note that hazards and risks and in different locations differ significantly. Exact requirements should be based on the site's health risk assessment (HRA).

As with other workplaces, medical devices should only be used by qualified site medical professionals.

Equipment for Specific Hazard or Specific Extreme Environment	Remote Site Clinic	Extreme Remote Site Clinic
Mass Casualty		
1. Triage tags, tent and flag kit	✓	✓
2. Body bags	✓	✓
3. Foldable stretchers	✓	✓
Heat		
1. Cooling fans	✓	✓
2. Cooling area	✓	✓
3. Ice maker	✓	✓
4. Ice packs	✓	✓
5. Rectal thermometer	✓	✓
Cold		
1. Core body warming devices	✓	✓
2. Peripheral body warming devices	✓	✓
3. Rectal thermometer	✓	✓
Altitude		
1. Medications for altitude sickness (acetazolamide, dexamethasone, nifedipine)	✓	✓
2. Point of care testing for blood gases	✓	✓
3. Oxygen and oxygen delivery device	✓	✓
Diving		
1. Point of care testing for blood gases	✓	✓
2. Oxygen and delivery device (including a demand-valve regulator, and a non-rebreather mask)	✓	✓
3. Hyperbaric-safe vital signs monitor equipment (BP, Pulse, Resp, SpO ₂)	✓	✓

¹⁰

Risks and in different locations differ significantly. Exact requirements should be based on the site's Health Risk Assessment.

4. Hyperbaric ventilator (e.g. Siare IPER)		✓
5. Hyperbaric syringe pump (e.g. Pilote Hyperbaric)		✓
6. Heimlich valve (for chest tube)	✓	✓
Drug and Alcohol¹¹		
1. Point of collection test kits for Drug testing	✓	✓
2. Breath alcohol testing kit, or breathalyser	✓	✓

Table E-1. Additional equipment for Remote Site Clinics exposed to specific hazards or extreme environments.

Appendix F: Medications

The table below lists medications in a typical remote site clinic. Please note that hazards and risks and in different locations differ significantly. Exact requirements should be based on the site's health risk assessment (HRA).

Medications	Remote Site Clinic	Extreme Remote Site Clinic
Analgesics		
1. Co-Codamol Tablets 8/500 Tablets (or Effervescent Tablets)	✓	✓
2. Codeine phosphate 30 mg tablets	✓	✓
3. Diclofenac Emulgel (or similar)	✓	✓
4. Diclofenac Injection 75mg/3ml	✓	✓
5. Diclofenac Tablets 50mg	✓	✓
6. Entonox cylinder size D	✓	✓
7. Ibuprofen, 400 mg tablets	✓	✓
8. Lemsip Sachets (or similar cold remedy)	✓	✓
9. Migraveve Pink and Yellow Tablets (or similar otc migraine treatment)	✓	✓
10. Paracetamol, 500 mg tablets	✓	✓
11. Tramadol Inj. 100mg/2ml (alternative to Morphine)	✓	✓
12. Tramadol Tablets 50mg	✓	✓
13. Voltarol (Diclofenac Sodium) 50 mg suppositories	✓	✓
14. Morphine Sulfate Injection 10mg/1ml (note: this is a controlled drug)	✓	✓
Anaesthetic (Local)		
1. Citanest 3% Standard - with Octapressin (2.2ml Cartridge) (for Dental use)		✓
2. Lidocaine 1% Injection (5ml)	✓	✓
3. Lidocaine Gel 2% (Instillagel)	✓	✓
4. Lidocaine (Xylocaine) Pump Spray - 10%	✓	✓
Antibiotic & Antibacterial		
1. Amoxicillin 500mg Capsules	✓	✓
2. Cefixime Tablets 200mg	✓	✓
3. Ceftriaxone Injection 1G vial	✓	✓
4. Ciprofloxacin 500mg Tablets	✓	✓
5. Clarithromycin, 500 mg tablets	✓	✓
6. Co-Amoxiclav Injection 1.2G	✓	✓
7. Co-Amoxiclav Tablets 625mg	✓	✓
8. Crystapen (Benzylpenicillin sodium) 1.2G injection	✓	✓
9. Doxycycline 100mg capsules	✓	✓
10. Flucloxacillin Capsules 500mg	✓	✓
11. Metronidazole 0.5% IV Infusion - 100ml	✓	✓
12. Metronidazole suppositories 1g		✓
13. Metronidazole tab. 400 mg tablets	✓	✓
14. Trimethoprim 200 mg tablets	✓	✓

¹¹

Drug and alcohol testing must only be done within the scope of the company's drug and alcohol policy, using established testing protocols, and under the oversight of a qualified Medical Review Officer.

Antimalarials		
1. Artemether & Lumefantrine 20/120 (Riamet or Co-Artem) Tablets	✓	✓
2. Quinine Dihydrochloride Injection 600mg/2ml	✓	✓
Antidotes		
1. Carbomix Powder	✓	✓
2. Flumazenil Injection 500mcg/5ml	✓	✓
3. HF Antidote gel (where HF is in use)	✓	✓
4. Konakion (Phytomenadione - Vitamin K1) 10mg/1ml	✓	✓
5. Naloxone Mini jet 400mcg/ml	✓	✓
6. Vodka 40% (if Methanol is on site)	✓	✓
Antihistamine & Anaphylaxis		
1. Adrenaline injection 1:1000 BP 1 ml ampoule	✓	✓
2. Cetirizine Tablets 10mg	✓	✓
3. Chlorphenamine 4mg tablets	✓	✓
4. Chlorphenamine Injection 10mg	✓	✓
5. Hydrocortisone(Solu-Cortef) Injection 100mg	✓	✓
Cardiovascular		
1. Adenosine Injection - 3mg/ml - 2ml vial - Pack of 6	✓	✓
2. Adrenaline (Epinephrine) 1:10,000 Prefilled Syringe - 10ml	✓	✓
3. Amiodarone Hydrochloride Injection 300mg - 10ml pre-filled syringe	✓	✓
4. Amlodipine Tablets 5mg	✓	✓
5. Aspirin, 75mg dispersible tablets	✓	✓
6. Atenolol, 50mg tablets	✓	✓
7. Atropine Sulphate MiniJet 1mg/10ml	✓	✓
8. Bendroflumethiazide Tablets 2.5mg	✓	✓
9. Calcium Chloride 10% Injection 10ml	✓	✓
10. Dalteparin Graduated Syringe 10,000IU/1ml Solution for Injection	✓	✓
11. Digoxin Injection 0.5mg/2ml ampoule	✓	✓
12. Digoxin Tablets 250mcg	✓	✓
13. Furosemide 10 mg in 1 ml inj, 2 ml ampoule	✓	✓
14. Furosemide 40 mg tablets	✓	✓
15. Glyceryl trinitrate patches (Transiderm) 5mg	✓	✓
16. Glyceryl Trinitrate spray 400 mcg per actuation (200 diose)	✓	✓
17. Isosorbide Dinitrate Tablets 10mg	✓	✓
18. Lidocaine MiniJet 1% -10ml	✓	✓
19. Magnesium Sulphate 50% MiniJet - 4ml	✓	✓
20. Ramipril Capsules 5mg	✓	✓
21. Tenecteplase 10,000 units Injection	✓	✓
Ear Nose & Throat		
1. Cerumol Ear Drops	✓	✓
2. Otosporin (Antibiotic) Ear Drops	✓	✓
3. Beclometasone (50mcg/dose) Nasal Spray (Aqueous) 200 dose pack	✓	✓
4. Karvol Capsules	✓	✓
5. Naseptin Nasal Cream	✓	✓
6. Pseudoephedrine Tablets 60mg	✓	✓
7. Xylometazoline Nasal Spray 0.1%	✓	✓
8. Bonjela	✓	✓
9. Cavit	✓	✓
10. Corsodyl (Chlorhexidine) Mouthwash	✓	✓
11. Hydrocortisone Muco-adhesive Buccal Tablets 2.5mg	✓	✓
12. Miconazole Oral Gel	✓	✓
13. Oil of Cloves	✓	✓
14. Strepsils Lozenges	✓	✓
Endocrine		
1. Glucogen Hypokit 1mg Injection	✓	✓

2. Glucogel (Dextrose 40%) Gel	✓	✓
3. Glucose Minijet 50%w/v (50ml)	✓	✓
4. Hydrocortistab Injection 25mg/1ml vial		✓
5. Humulin S Insulin 100IU/ml 10ml vial	✓	✓
6. Prednisolone EC 5 mg tablets	✓	✓
Gastrointestinal system		
1. Anusol Ointment	✓	✓
2. Anusol Suppositories	✓	✓
3. Buccastem (Prochlorperazine maleate) 3 mg tablets	✓	✓
4. Cinnarizine Tablets 15mg - Pack of 100	✓	✓
5. Gaviscon Liquid	✓	✓
6. Glycerin (Glycerol) Suppositories 4g	✓	✓
7. Hyoscine butylbromide (Buscopan) Tablets 10mg	✓	✓
8. Hyoscine N-Butylbromide Injection 20mg/1ml ampoule	✓	✓
9. Kwells (Hyoscine hydrobromide, 0.3 mg) tablets	✓	✓
10. Lactulose Syrup	✓	✓
11. Loperamide Capsules 2mg	✓	✓
12. Maalox Oral Suspension	✓	✓
13. Maalox Plus Tablets	✓	✓
14. Mebendazole (Vermox) 100 mg tablets	✓	✓
15. Mebeverine Tablets 135mg	✓	✓
16. Metoclopramide Injection 10mg/2ml	✓	✓
17. Metoclopramide Tablets 10mg	✓	✓
18. Movicol sachets		✓
19. Omeprazole Capsules 20mg	✓	✓
20. Prochlorperazine (Stemetil) Injection 12.5% 1ml	✓	✓
21. Proctosedyl Ointment		✓
22. Proctosedyl Suppositories		✓
23. Senokot Tablets	✓	✓
24. Sodium Chloride + Dextrose Rehydration Salts (Multi Flavour) -	✓	✓
25. Sodium Citrate (Microlax) Enema (rectal)		✓
Immunisations		
1. Hepatitis B Vaccine Syringe Pack	✓	✓
2. Rabies Vaccine (Rabipur) 1ml	✓	✓
3. Ads Diphtheria [low dose], Tetanus and Poliomyelitis (Inactivated) Vaccine	✓	✓
4. Tetanus Immunoglobulin Injection 250 Unut	✓	✓
5. Injections (Miscellaneous)	✓	✓
6. Heparin sodium 10 units/ml - Ampoules - 5ml	✓	✓
7. Sodium Chloride Injection 0.9% Ampoules - 10ml	✓	✓
8. Water for Injections BP 5ml	✓	✓
IV Fluids		
1. Gelofusine	✓	✓
2. Glucose 5% infusion	✓	✓
3. Hartmanns Solution	✓	✓
4. Mannitol IV Infusion 20%	✓	✓
5. Sodium Chloride 0.9% infusion	✓	✓
Nervous system		
1. Chlorpromazine HCl 25 mg tablets	✓	✓
2. Diazemuls (Diazepam) Injection 10mg/2ml	✓	✓
3. Diazepam rectal tubes, 10 mg in 2.5 ml	✓	✓
4. Diazepam Tablets 5mg	✓	✓
5. Haloperidol Injection 5mg/1ml ampoule - Pack of 5	✓	✓
6. Procyclidine Injection 10mg/2ml ampoule - Pack of 5	✓	✓
7. Zopiclone Tablets 7.5mg	✓	✓
Ophthalmic		

1. Aciclovir Eye Ointment 3% -	✓	✓
2. Chloramphenicol eye ointment 1%	✓	✓
3. Dexamethasone Sodium Phosphate (Minims) eye drops 0.1%	✓	✓
4. Flourescein sodium (Minims), 1% eye drops	✓	✓
5. Fusidic Acid Eye Drops 1%	✓	✓
6. Genticin Eye/Ear Drops 0.3%	✓	✓
7. Hypromellose Eye Drops	✓	✓
8. Emergency Eyewash (Sodium Chloride 0.9%)	✓	✓
9. Optrex Eye Lotion, 300 ml with eye bath	✓	✓
10. Pilocarpine Nitrate (Minims) eye drops 2%	✓	✓
11. Sodium Cromoglycate Eye Drops 2%	✓	✓
12. Tetracaine (Amethocaine) hydrochloride (Minims) eye drops 0.5%	✓	✓
13. Tropicamide Eye Drops (Minims) 0.5% - Pack of 20	✓	✓
Respiratory		
1. Beclometasone (CFC Free) Inhaler 200 mcg/metered dose - 200 dose	✓	✓
2. Benlyn (Non-Drowsy) Chesty Cough	✓	✓
3. Benlyn (Non-Drowsy) Dry Cough	✓	✓
4. Ipratropium Bromide Inhaler CFC Free 20mcg actuation - 200 dose	✓	✓
5. Ipratropium Bromide Nebules - 250mcg/ml	✓	✓
6. Oxygen - see equipment section	✓	✓
7. Salbutamol inhaler 100 microgram/metered dose - 200 dose	✓	✓
8. Salbutamol Injection 500mcg/1ml ampoule - Pack of 5		✓
9. Salbutamol Nebules 5mg	✓	✓
10. Spacer (Aerochamber) Device Std	✓	✓
Dermatology		
1. Aciclovir Cold Sore Cream	✓	✓
2. Aciclovir Tablets 800mg (Shingles Pack)	✓	✓
3. Betamethasone (Betnovate) Cream		✓
4. Calamine Lotion BP	✓	✓
5. Cetavlex (Antiseptic) Cream	✓	✓
6. Daktarin (Miconazole nitrate), 2% Cream	✓	✓
7. Deep Heat Rub	✓	✓
8. Delph Sun Cream SPF30		✓
9. Delph Sun Cream SPF30 pump dispenser		✓
10. E45 Cream	✓	✓
11. E45 Cream	✓	✓
12. Eurax Cream	✓	✓
13. Flamazine (Silver Sulphadiazine) 1% Cream	✓	✓
14. Fucidin cream	✓	✓
15. Hydrocortisone Cream 1%	✓	✓
16. Hydrocortisone Ointment 1% - 15g	✓	✓
17. Hydrogen Peroxide 6%	✓	✓
18. Lyclear (Permethrin) Cream Rinse	✓	✓
19. Lypsyl (Original) - Pack of 36	✓	✓
20. Magnesium Sulphate Paste	✓	✓
21. Mycota Cream	✓	✓
22. Mycota Foot Powder	✓	✓
23. Permethrin Dermal Cream 5%	✓	✓
24. Sudocrem (Replaces Zinc Ointment)	✓	✓
25. White Soft Paraffin	✓	✓
Solutions & Ingredients		
1. Clinell Hand and Surface Sanitiser	✓	✓
2. Hibiscrub	✓	✓
3. Sodium Chloride 0.9% (Normasol) Sterile Sachets 25ml	✓	✓
4. Tisept (Chlorhexidene & Cetrimide) Sterile Sachets 25ml	✓	✓
5. Videne (Povidone Iodine) Antiseptic Solution 10%	✓	✓

Gynaecology***		
1. Clotrimazole (Canesten) 500mg Pessary	✓	✓
2. Clotrimazole Cream 1%	✓	✓
3. Fluconazole Capsule 150mg	✓	✓
4. Levonorgestrel (Levonelle) Tablet 1500mcg	✓	✓
5. Mefenamic Acid Capsules 250mg	✓	✓
6. Syntometrine (Ergometrine maleate, Oxytocin) Inj. 1ml	✓	✓
7. Tranexamic Acid Injection 100mg/ml - 5ml ampoule		✓
8. Tranexamic Acid Tablets 500mg		✓
Post Exposure Prophylaxis***		
1. Kaletra (200mg Lopinavir and 50mg Ritoavir) Tablets	✓	✓
2. Truvada (emtricitabine 200mg, tenofovir disoproxil 245mg) Tablets	✓	✓
Anaesthesia***		
1. Hypnomindate Injection - 20mg/10ml		✓
2. Ketamine Injection - 10mg/ml (20ml vial)		✓
3. Ketamine Injection - 50mg/ml (10ml vial)		✓
4. Propofol Injection - 1% (20ml)		✓
5. Propofol Injection - 2% (50ml)		✓
6. Thiopental Injection - 500mg		✓
7. Lidocaine (Xylocaine) Pump Spray - 10%	✓	✓
8. Neostigmine with glycopyrronium - 500mcg/ml in 1ml amps		✓
9. Suxamethonium - 100mg/2ml		✓
10. Pancuronium - 2mg/ml in 4ml amps		✓
11. Rocuronium - 100mg/10ml		✓
12. Alfentanil Hydrochloride Injection 500mcg/mL - 10ml ampoule		✓
13. Alfentanil Hydrochloride Injection 500mcg/mL - 2ml ampoule		✓
14. Fentanyl Citrate Injection 100mcg/2ml		✓
15. Morphine Sulphate Injection - 10mg/1ml	✓	✓
16. Midazolam Injection - 10mg/5ml	✓	✓
17. Flumazenil Injection 500mcg/5ml	✓	✓
18. Naloxone Hydrochloride Injection 400mcg/1ml ampoule	✓	✓
Specific Antidotes***		
1. Calcium disodium EDTA (Versenate™) (for lead, copper, zinc, cobalt, or cadmium toxicity)	✓	✓
2. Calcium gluconate 10% (for hydrofluoric acid exposure)	✓	✓
3. Dimercaprol / BAL (for arsenic, lead, or mercury toxicity)	✓	✓
4. Hydroxocobalamin (Cyanokit™) (for cyanide, acrylonitrile, or HCN exposure)	✓	✓
5. Methylene blue 1% (for methaemoglobinemia from organic nitros and organic amines exposure)	✓	✓
6. Naloxone Hydrochloride Injection 400mcg/1ml ampoule	✓	✓

***include (or exclude), based on risk assessment

Appendix F-1. List of medications for remote site clinics.